



**15th Annual MassPRA Conference**  
**“Harnessing the Power of Relationships:  
The Foundation of Psychiatric Rehabilitation”**

**Full-Day Institutes**  
**Tuesday October 24, 2017**  
*Select one on registration form*

***Trauma-Informed Awareness in Human Service Systems*** ***Thomas Brown, Bay Cove Human Services***

The Trauma-Informed Awareness in Human Services Systems Institute offers attendees an opportunity to deepen their awareness of how trauma impacts survivors' lives. This training teaches Human Services staff approaches to minimizing re-traumatization of trauma survivors while increasing empathy and intelligent responses to expressed traumatic distress. The Institute begins with a penetrating exploration of the definition of traumatic experience and moves on to how that experience, when unresolved, becomes locked in the body wall and impacts behavior and ways of thinking. Attendees will learn about traumatic experience not traditionally recognized as traumatic, and how these experiences can lead to coping behaviors that can only be understood through an understanding of their habitually unacknowledged origins.

***CPRP Exam Preparation*** ***Anne Sullivan-Soydan, ScD, CRC, CPRP, Boston University***

This institute provides an overview of the CPRP credential, including the psychiatric rehabilitation and multicultural principles, ethical guidelines and the seven practice domains to help prepare candidates for the CPRP exam. The Certified Psychiatric Rehabilitation Practitioner credential (CPRP) is a test-based certification sponsored by the Psychiatric Rehabilitation Association (PRA). The institute will help participants assess their current level of knowledge as well as current training needs and offer study skills and access to required materials to assist them to complete their study for the CPRP exam.

***Ethics in Practice: Decision-making across job roles*** ***Patricia Nemec, Pat Namec Consulting, Steve Lamaster, Vinfen, Martha Barbone***

Ethical codes are based on universal principles, although job roles may influence how those principles are applied during daily work. Participants will learn about this and ethical decision making. Participants will identify common ethical principles that transcend job role, give examples of how ethical practice may differ, based on professional role, and describe how to use an ethical decision-making framework to resolve dilemmas.

*For updates and more information please visit [www.masspra.org](http://www.masspra.org)*



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***Complementary Approaches to Managing Psychiatric Conditions*** **Craig Wagner**

Craig Wagner is an author and activist helping people achieve mental health recovery using evidence-based non-drug options. Within the mainstream, he works to broaden the acceptance of non-drug treatments in NAMI and the American Psychiatric Association. Outside of the mainstream, he is author of the book *Choices in Recovery* and Executive Director for Safe Harbor in Altadena CA. In this institute participants will learn how to help guide and encourage clients in the use of complementary non-drug approaches that promote psychiatric rehabilitation. Compelling content, rich dialog and hands-on experience.

***Using Motivational Interviewing Skills in Psychiatric Rehabilitative Service Settings*** **Rebecca High, Jennifer Gardner, Bob Jope**

This institute will provide participants with a primer on the essential skills of Motivational Interviewing and will include practice experiences working with topics commonly encountered by community-based rehabilitative service workers. No experience with Motivational Interviewing is necessary, but efforts will be made to group participants according to their level of skill in the model, in order to provide as stimulating and tailored a learning experience as possible.

***Promoting and Supporting Employment for Transition Age Youth*** **Ruth Osterman, Kim Bisset, Dennis McCrory, Rachel Ramos, Skyler Michaud, Sarah DeSouza Brown**

Presenters will describe their overall approaches to attracting and retaining youth; describe how they prepare or motivate young people to want to work; work with employers and the community on creating environments that support and educate young people to successful employment. They will identify how peers support one another and what resources in the community play a part in success. Presentations will also include “lessons learned” about involving transition age youth and what needs to be different. Multicultural principles will be acknowledged in the presentations and in the vocational stories that presenters will share and make recommendations for. Information will be shared on preparing young people for employment and navigating the various barriers along the way.

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